

## THE JOURNAL OF NURSING AND HEALTH CARE – REAS- CELEBRATES ITS FIFTH ANNIVERSARY

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REAS delivered its first issue in December 2012 and we are delighted to serve readers with this commemorative 5-year edition, which is linked to the Post-Graduation Program in Health Care of the Federal University of Triângulo Mineiro – UFTM.

Throughout this period, 10 issues were published, including 10 editorials and 111 publications, among original articles, report of experience, reviews and theoretical/reflexive studies.

Among the publications, 97% were studies developed in Brazil, from the Southeast region (69%), South (16%), Northeast (8%), North (2%) and Central West (2%). The remaining 3% were international publication and were conducted in the United States of America and Spain. These numbers, to some degree, are aligned with the scientific production of the Post-Graduation *stricto sensu* Programs, which present higher concentration in the Southeast region. It also represents a challenge for REAS to increase its visibility, both nationally and internationally.

Concerning the features of the institutions where the publications came from, it is observed that 90% were public institutions and 10% private ones. It is highlighted that 97% are teaching institutions, 2% assistance institutions and 1% others, characterizing REAS as a fundamentally academic vehicle.

REAS has as a focus the publication of original articles, which represented, in this period, 72.5% of the issues, being 83% resulting from quantitative research, 13% qualitative and 4% quali-quantitative. Population of the study of the articles were, in its majority, composed of adults (54%), followed by women (25%), elderly (13%) and children (7.5%), specifically.

Analyzing the qualification of the first author, it was verified that 43% were graduated; 28% hold a master's degree and 25% a doctoral degree. In three publications it was not possible to identify the qualification of the authors. Regarding the analysis of the last author, it was observed that 38% hold a doctoral degree; 35% were graduated and 21% hold a master's degree. In two publications it was not possible to identify the qualification of the last author and in two there was only one author. It is highlighted that 98% of the authors were female.

The primacy of the Ad hoc Consultants Group and the Editorial Board has contributed to guarantee the quality of scientific article publication, in order to collaborate to the scientific knowledge in Health Care and Nursing. Thus, the analysis of the quality of the publications

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shows, over the years, an improvement in the qualifications of the issues, and the structuring/formatting of the manuscripts, especially from 2015.

In 2016, REAS started publishing in Portuguese and English, so, expanding its indexing in databases. Thus, considering the five years of REAS edition many achievements have to be celebrated, not forgetting the challenges to be achieved, such as: increase the number of articles published per edition; expand indexing databases; broaden the national and international visibility and, still, publishing the articles also in Spanish.

We are grateful to all the scientific community that has contributed to REAS throughout this period, either by submitting manuscripts for publication and/or analyzing them. Finally, we cannot but praise REAS team, represented by its Board of Associate Editors, Research Assistant and secretariat. We take advantage of this occasion to invite everyone to publish the findings of your studies in REAS, what will be a great satisfaction to all of us!