

SUMMARY

Editorial.....71

Community Physical Activity Program: time requirements and delivery.....82

Understanding the Impact of a Weight Loss Program: the roles of reach, retention, and effectiveness.....103

What types of worksites participate in weight loss trials?.....126

Possible influences on sexuality among healthcare university.....150

Relationship between the environmental context and the functional capability in elderly institutionalized.....170

Maintenance of Physical Activity Interventions: premises of efficacy individual.....194

Planning for the Sustainability: lessons learned from project BEAUTY and HEALTH, North Carolina, USA.....214