

EDITORIAL

Working Women's Health

Women's health is directly related to the living and working conditions to which it is inserted. Approaching the theme of women's health in a simplistic way, which seeks only the treatment of physical complications/dysfunctions is at least a great recklessness.

In a global and equity vision, the United Nations has proposed in the *Sustainable Development Goals* a set of actions to end poverty, protect the planet and ensure peace and prosperity for all. Of the 17 objectives built, number five concerns gender equality, empowerment of women and girls and women's rights. The deadline for reporting positive results from development indicators is 2030. In the brazilian reality, however, it is observed that this goal, unfortunately, is still far from being achieved.

Women's participation in the labor market has grown exponentially and is characterized by the accumulation of responsibilities (domestic and labor) and devaluation in renumbering. Among the numerous jobs stands out as a researcher-educator. In this post, the participation of women is extremely relevant, being responsible for more than a third of scientific publications. In countries such as Brazil and Japan, more than 70% of scientific articles are signed by women.

In this configuration, the impact of gender balance on science has elucidated important doubts about women's health in several contexts, including that of working women, working mother and health professional illness.

New questions began to be answered such as: What can we do to promote physical and mental health to women in an integral and accessible way? And how to evaluate and describe women's health more comprehensively?

In this dialogue between research, specific public policies for women and assistance, based on evidence and humanization, there is a real search for a state of health that contemplates the physical, mental and social factors.

This issue of Journal Family, Cycles of Life and Health in the Social Context, brings most of the articles signed by women researchers-educators, with the proposal of quality information to base practice and action on women's integral health.

Good reading!

Suraya Gomes Novais Shimano

Physical Therapist. Specialist in Rehabilitation in Orthopedics and Traumatology. Master in Bioengineering. PhD in Rehabilitation Sciences. Professor at Department of Applied Physiotherapy, Tutor/deputy coordinator of the Multiprofessional Residency Program in Health - Health of the elderly in the Universidade Federal do Triângulo Mineiro, Uberaba, Minas Gerais, Brazil.