

EDITORIAL

Searches, challenges, horizons: glimpses for 2022

Another year is unveiled, and every beginning of a year can bring a search, certainty of challenges, of horizons to be achieved. Searches, challenges, horizons.

Searching, which in other perspectives can be translated by yearning, which in itself moves humans, even in unpredictable circumstances, because it is so; life is not predictable, although it gives us clues of other paths that can be built and followed. Yearning for something can be lead to a quest and, at the same time, lead you somewhere; more than that, allow you these other places.

Searching or yearning- for well being, a new love, a new job, a different path, stable health, greater learning, better housing, an updated look about something that seemed static; in other words, to be human, a context in which certainty is not very strong, but the experience can be unique.

Challenges, another lookout of the human condition. Challenge, to be challenged, face a challenge. Conditions that can be marked by a recent fall or loss, by a broad will for something that is seen as necessary, whatever the concept of necessity, which can sometimes change in the chronology of life, by maturity, by growth, by learning.

Challenging issues can be very didactic in living. For, while showing a certain distance from a desired target, it points to a necessary construction, or that takes human beings to not directions previously unavailable, was not seen. On a new perspective, challenges generally lead to a growth in the various spheres of life.

Horizons. This seems even more distant, for the term demonstrates something that seems far away; but visible to the eyes. Perhaps a broader view, which denotes a future in dependence on the construction of today. A more lucid, more conscious, sharper today.

In this direction, it is possible that aiming for something in the sphere of the horizon permeates an investment of life, whatever it is. A risk, as we do not know the true point of arrival; only by clues, from what can be seen in the experience of others, others that are not by themselves other people, but others that once were, but no longer are due to change, evolution, development.

The experiences of 2021, such as: the pandemic and these physical and emotional deaths; political dilemmas and hence economic and social issues; new ethical dilemmas, such as one's own view on science and technology; family dynamics in learning to approach even with distancing, a context that current generations had not experienced first habd, but only heard in historical accounts; among many other examples, which could be described.

REFACS and its team wish 2022 to be a year in which the experiences lived in the last biennium have taught us enough for us to be more resilient; mature; conscious; interactive; responsible for ourselves, but also in supportive of others; open to new things, even if it has to be validated. There is talk here of openness of the search, to face challenges and the construction of an achievable horizon, even if these have a cost, which can be welcomed by the sensitivity of the condition of human, typical of the species, but above all, when it is necessary to renew or be open to the new.

Good reading!

Álvaro da Silva Santos

Nurse. Psychoanalyst. PhD in Social Sciences (Anthropology). Editor REFACS

